

Consumer Directed Healthcare (CDH) Preventive Medicine List

This list provides examples of commonly prescribed preventive medicines. It is not an all-inclusive list; only examples of medicines in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medicine.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA/COPD

ACCOLATE (zafirlukast)
ADVAIR DISKUS
ADVAIR HFA
AEROSPAN
AIRDUO RESPICLICK
albuterol
ANORO ELLIPTA
ARMONAIR RESPICLICK
(fluticasone/salmeterol)
ARCAPTA NEOHALER
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
ATROVENT HFA
BEVESPI AEROSPHERE
BREO ELLIPTA
BROVANA
budesonide
CINQAIR
COMBIVENT RESPIMAT
cromolyn oral inhalation
DALIRESP
DULERA
DUONEB (ipratropium/albuterol)
FLOVENT DISKUS
FLOVENT HFA
FORADIL
INCRUSE ELLIPTA
Inhaler assistive devices
ipratropium oral inhalation
metaproterenol

montelukast
Nebulizers
NUCALA
PROAIR HFA
PROAIR RESPICLICK
QVAR
SEEBRI NEOHALER
SEREVENT DISKUS
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
STRIVERDI RESPIMAT
SYMBICORT
terbutaline
THEO-24, THEOCRON
(theophylline)
TUDORZA PRESSAIR
UTIBRON NEOHALER
VENTOLIN HFA
XOLAIR
zileuton ER

BONE DISEASE AND FRACTURES

ACTONEL, ATELVIA (risedronate)
BONIVA (ibandronate)
DUAVEE
EVISTA (raloxifene)
FOSAMAX, FOSAMAX D, BINOSTO
(alendronate)
RECLAST (zoledronic acid)

CAVITIES

CLINPRO
GEL-KAM
PHOS-FLUR
PREVIDENT
Sodium fluoride rinse, gel,
cream, paste, tabs and drops
Stannous fluoride rinse and gel

COLONOSCOPY PREPARATION*

COLYTE, GOLYTELY, NULYTELY
(polyethylene glycol)
MOVIPREP
OSMOPREP
PREPOPIK
SUPREP

DIABETES

INSULINS

AFREZZA
BASAGLAR
HUMALOG
HUMULIN
LANTUS SOLOSTAR
LEVEMIR
TOUJEO SOLOSTAR
TRESIBA

INSULIN/GLP-I RECEPTOR AGONIST COMBINATIONS

SOLIQUA
XULTOPHY

CDH Preventive Medicine List

NON-INSULIN MEDICINES

ACTOS (pioglitazone)
 ACTOPLUS MET, DUETACT, OSENI
 (pioglitazone combinations)
 AMARYL (glimepiride)
 AVANDIA
 AVANDAMET
 BYETTA
 BYDUREON
 chlorpropamide
 CYCLOSET
 dextrose
 FARXIGA
 FORTAMET, GLUCOPHAGE
 (metformin)
 GLUCOTROL XL (glipizide)
 glipizide/metformin
 GLYNASE (glyburide)
 GLUCOVANCE (glyburide/
 metformin)
 GLYSET (miglitol)
 GLYXAMBI
 INVOKAMET
 INVOKAMET XR
 INVOKANA
 JANUVIA
 JANUMET
 JANUMET XR
 JARDIANCE
 JENTADUETO
 JENTADUETO XR
 Lancets
 Needles
 PRANDIN (repaglinide)
 PRECOSE (acarbose)
 repaglinide/metformin
 STARLIX (nateglinide)
 SYMLINPEN
 SYNJARDY
 SYNJARDY XR
 Syringes
 Test strips
 TRAJENTA
 TRULICITY
 XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNER MEDICINES

aspirin, 81 mg & 325 mg*
 AGGRENOX
 (aspirin/dipyridamole ER)
 BRILINTA
 clopidogrel
 COUMADIN (warfarin)
 DURLAZA ER
 EFFIENT
 ELIQUIS
 PERSANTINE (dipyridamole)
 PRADAXA
 SAVAYSA
 ticlopidine
 XARELTO
 ZONTIVITY

CHOLESTEROL LOWERING MEDICINES

HMG-COA REDUCTASE
 INHIBITORS*
 ALTOPREV
 CRESTOR (rosuvastatin)
 LESCOL (fluvastatin)
 LIPITOR (atorvastatin)
 LIVALO
 lovastatin
 PRAVACHOL (pravastatin)
 ZOCOR (simvastatin)

OTHER AGENTS

COLESTID (colestipol)
 ezetimibe
 ezetimibe/simvastatin
 LOPID (gemfibrozil)
 NIASPAN (niacin)
 PREVALITE, QUESTRAN
 (cholestyramine)
 REPATHA
 TRICOR, ANTARA (fenofibrate)
 TRILIPIX DR (fenofibric acid)
 WELCHOL

HIGH BLOOD PRESSURE

ACE INHIBITORS

ACCUPRIL (quinapril)
 ACEON (perindopril)
 ALTACE (ramipril)
 captopril
 fosinopril
 LOTENSIN (benazepril)
 MAVIK (trandolapril)
 moexipril
 PRINIVIL, ZESTRIL (lisinopril)
 VASOTEC (enalapril)

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
 captopril/HCTZ
 fosinopril/HCTZ
 LOTENSIN HCT (benazepril/HCTZ)
 moexipril/HCTZ
 VASERETIC (enalapril/HCTZ)
 ZESTORETIC (lisinopril/HCTZ)
 LOTENSIN HCT (benazepril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

AVAPRO (irbesartan)
 candesartan
 COZAAR (losartan)
 DIOVAN (valsartan)
 EDARBI
 MICARDIS (telmisartan)
 olmesartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
 AVALIDE (irbesartan/HCTZ)
 DIOVAN HCT (valsartan/HCTZ)
 EDARBYCLOR
 HYZAAR (losartan/HCTZ)
 MICARDIS HCT (telmisartan/HCTZ)
 olmesartan/HCTZ

CDH Preventive Medicine List

BETA BLOCKERS

acebutolol
betaxolol
BYSTOLIC
CORGARD (nadolol)
INNOPRAN XL (propranolol)
TENORMIN (atenolol)
TOPROL XL, LOPRESSOR
(metoprolol)
ZEBETA (bisoprolol)

BETA BLOCKER/DIURETIC COMBINATIONS

CORZIDE
(nadolol/bendroflumethiazide)
LOPRESSOR HCT
(metoprolol/HCTZ)
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)
ZIAC (bisoprolol/HCTZ)

CALCIUM CHANNEL BLOCKERS

ADALAT CC, PROCARDIA XL
(nifedipine)
CALAN, VERELAN (verapamil)
CARDENE (nicardipine)
CARDIZEM LA, TIAZAC ER
(diltiazem)
felodipine ER
isradipine
NORVASC (amlodipine)
SULAR ER (nisoldipine)

DIURETICS

chlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
metolazone

OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS

amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
BYVALSON
CADUET (amlodipine/atorvastatin)
EXFORGE (amlodipine/valsartan)
EXFORGE HCT
(amlodipine/valsartan/HCTZ)
LOTREL (amlodipine/benazepril)
PRESTALIA
TARKA (trandolapril/verapamil)
TWINSTA
(amlodipine/telmisartan)

RESPIRATORY SYNCYTIAL VIRUS

SYNAGIS

MALARIA

chloroquine
mefloquine
PRIMAQUINE
MALARONE (atovaquone/
proguanil)

OBESITY

ADIPEX-P (phentermine)
BELVIQ
BELVIQ XR
CONTRAVE

diethylpropion
REGIMEX (benzphetamine)
LOMAIRA
phendimetrazine
SAXENDA
XENICAL

SMOKING-CESSATION*

CHANTIX
NICOTROL
NICODERM CQ
Nicotine gum, lozenges and
patches
ZYBAN (bupropion SR 150mg)

IMMUNIZATION:*

Anthrax, BCG, Cholera, Diphtheria,
Haemophilus Influenza B,
Hepatitis A and B, Human
Papillomavirus, Influenza,
Japanese Encephalitis, Measles,
Meningococcal, Mumps, Pertussis,
Pneumococcal, Poliovirus, Rabies,
Rotavirus, Rubella, Tetanus,
Typhoid, Varicella, Yellow Fever,
Zoster

VITAMINS OR MINERALS

folic acid*
Prenatal vitamins
Pediatric multivitamins with
fluoride*

*Please note that some of these medicines are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

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